



Healing the Wounded Heart: The Heartache of Sexual Abuse and the Hope of Transformation

Dan B. Allender

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Find hope and healing in the wake of sexual abuse

If you are one of the millions of people who have suffered abuse in the form of rape, incest, molestation, sexting, sexual bullying, unwanted advances, pornography, and more, you know that hope doesn't come easy and healing can seem impossible. Dan Allender has been there--and he's spent twenty-five years helping other victims of sexual abuse walk the path toward wholeness.

Never minimizing the pain or offering pat spiritual answers that don't truly address the problem, Allender calls evil *evil* and lights the way to renewed joy, one step at a time.

"For all those seeking healing, and those who bring healing to others, this is an immensely powerful book filled with wisdom, understanding, and experience--and above all filled with hope. I highly recommend it!"--**John Eldredge**, author of *Wild at Heart* and *Beautiful Outlaw*

"Through Dan's skillful and tender writing, I've been given a vision for how to love and walk well with the members of my community whose stories have been marked by sexual abuse. I'm so very thankful for his gentle, prophetic voice, and for the many ways his words have been healing and life-giving for generations."--**Shauna Niequist**, author of *Savor* and *Bread & Wine*

"Brilliant and accessible, Allender has given us this incredible gift: a book that not only helps us understand the potent impacts and effects of sexual abuse but offers hope and a roadmap to healing. Thank you! I am thrilled this book exists."--**Wm. Paul Young**, author of *The Shack*, *Cross Roads*, and *EVE*

"This book is like Dan--compelling, liberating, and a gentle salve that will transform wounds into holy scars. This book will become a classic for generations."--**Dr. Dennis Rainey**, president of FamilyLife

Dan B. Allender is professor of counseling psychology and former president of The Seattle School of Theology and Psychology in Seattle, Washington. He travels and speaks extensively on sexual abuse recovery, love and forgiveness, worship, and other related topics. Allender is the author of fifteen books, including *The Wounded Heart*, and coauthor of *God Loves Sex*.

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