



The Southern Tailgating Cookbook: A Game-Day Guide for Lovers of Food, Football, and the South

Taylor Mathis

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According to tailgating enthusiast Taylor Mathis, "You'll understand why a game day in the South is unlike any other" when you read this cookbook. Mathis traveled across twelve states to document the favorite foods and game-day traditions embraced by thousands of fans at colleges and universities throughout the football-crazy South. Featuring 110 vibrant recipes inspired by Mathis's tailgating tours, *The Southern Tailgating Cookbook* is chock-full of southern football culture, colorful photographs of irresistible dishes from simple to extravagant, and essential preparation instructions.

Recipes cover a full day of dishes, with meals for every taste. From Chicken-Sweet Potato Kabobs to Zesty Arugula and Kale Salad to Deep-Fried Cookie Dough, there is something for every fan. Mathis also serves up day-before checklists, advice on packing for a tailgate, food safety information, and much more. His entertaining rundowns on unique southern football traditions--from fans' game-day attire and hand signals to the music of the marching bands--are sure to lift both seasoned and novice tailgaters to greater heights of tailgate pleasure.

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