



The Case for Falling in Love: Why We Can't Master the Madness of Love -- and Why That's the Best Part

Mari Ruti

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Praise for *The Case for Falling in Love*

"Why play 'hard to get' when you can just get what you want? Mari Ruti's lively research, from Plato to Freud to *Gossip Girl* to her own bedroom, finally puts an end to playing games, and provides a resource for lovers and the love-scorned alike. A must-read for anyone who has ever fallen in love, wants to, or wants to know what went wrong."

-Arianne Cohen, creator of TheSexDiariesProject.com

"At last, a relationship advice book that will actually work. If you're intelligent, interested in love, and like a book you can't put down, this is it. John Gray, move over. The brilliant Mari Ruti has arrived."

-Juliet Schor, professor of sociology, Boston College, and author of *Born to Buy* and *Plenitude: The New Economics of True Wealth*

"Groundbreaking...Ruti opens the eyes of her readers so that they can love better...A must-read."

-Nancy Redd, *New York Times* bestselling author of *Body Drama*

"Finally, a book that takes love seriously. Written with passion and verve...I wish I had read this book years ago!"

-Sean Carroll, author of *From Eternity to Here: The Quest for the Ultimate Theory of Time*

Are you tired of reading book after book and playing game after game, trying to avoid heartbreak? It seems impossible, and maybe that's because you can't lock up your heart like that-not if you want the real thing. And maybe that's one of the best things about love.

We've been thinking about it all wrong. Our culture's insistence that women need to learn how to catch and keep a man is actually doing much more harm than good. The more we try to manipulate our relationships, the less we are truly able to experience love's benefits and wonders.

Love is a slippery, unruly thing, and trying to control and manage it robs us of its delicious unpredictability.

Sure, letting go of the reins a bit might mean a broken heart, but heartbreak, in fact, offers a wealth of possibilities-creativity, wisdom, and growth-that we need in order to make the most of our lives.

Liberating for women who are frustrated by the idea that they just need to learn the right "formula," *The Case for Falling in Love* shows that there *isn't* a method to mastering the madness of love. But that might be *exactly* what's so wonderful about it.

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