



40 Days to Starting Over: No More Sheets Challenge

Juanita Bynum

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Time to change the sheets!

It s time to identify the sheets of bondage holding you back in life, tear them off, and exchange them for the pure love of God.

The *No More Sheets* Challenge is an essential tool and companion piece to the ground-breaking and empowering book, *No More Sheets*.

Many believers today are bound by the "sheets" of their past - drug addiction, emotional bondage, sexual issues, abuse, and other life-shattering troubles. Dr. Juanita Bynum provides an easy-to-follow guide for believers struggling to live in God's perfect will. Through devotions, meditation, and journaling, you are led through a process to cast off the sheets that are entangling you and lead a fuller, more productive life serving the King of kings.

You are encouraged to:

- * Dig in and interact with each lesson.
- * Enter the daily entries prayerfully and with a heart open to God.
- * Seriously consider what you are reading.
- * Confront yourself with the truths you discover.
- * Engage each question thoughtfully.
- * Answer honestly and without the weight of shame or condemnation.

This journal is a 40-day journey to find your identity. By the time you complete Day 40, you will have met the person you lost so long ago. You will have become reacquainted with who you really are and you are going to like who you see!

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Do you have favorite book? Should you have, what is your favorite's book? Reserve is very important thing for us to understand everything in the world. Each book has different aim as well as goal; it means that book has different type. Some people feel enjoy to spend their the perfect time to read a book. They are really reading whatever they acquire because their hobby is definitely reading a book. How about the person who don't like reading through a book? Sometime, particular person feel need book when they found difficult problem or even exercise. Well, probably you should have this 40 Days to Starting Over: No More Sheets Challenge.

Richard Brassell:

The actual book 40 Days to Starting Over: No More Sheets Challenge has a lot associated with on it. So when you make sure to read this book you can get a lot of advantage. The book was authored by the very famous author. The writer makes some research ahead of write this book. This book very easy to read you will get the point easily after reading this article book.

Janet Thaxton:

Is it you who having spare time in that case spend it whole day by means of watching television programs or just lying down on the bed? Do you need something totally new? This 40 Days to Starting Over: No More Sheets Challenge can be the response, oh how comes? A fresh book you know. You are thus out of date, spending your extra time by reading in this brand new era is common not a nerd activity. So what these ebooks have than the others?

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