



Teresa de Avila, Lettered Woman

Barbara Mujica

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In 1562, Teresa de Avila founded the Discalced Carmelites and launched a reform movement that would pit her against the Church hierarchy and the male officials of her own religious order. This new spirituality, which stressed interiority and a personal relationship with God, was considered dangerous and subversive. It provoked the suspicion of the Inquisition and the wrath of unreformed Carmelites, especially the Andalusian friars, who favored the lax practices of their traditional monasteries. The Inquisition investigated Teresa repeatedly, and the Carmelite General had her detained. But even during the most terrible periods of persecution, Teresa continued to fight for the reform using the weapon she wielded best: the pen. Teresa wrote hundreds, perhaps thousands, of letters to everyone from the King to prelates to mothers of novices.

Teresa's epistolary writing reveals how she used her political acumen to dodge inquisitors and negotiate the thorny issues of the reform, facing off the authorities--albeit with considerable tact--and reprimanding priests and nuns who failed to follow her orders. Her letters bring to light the different strategies she used--code names, secret routing--in order to communicate with nuns and male allies. They show how she manipulated language, varying her tone and rhetoric according to the recipient or slipping into deliberate vagueness in order to avoid divulging secrets. What emerges from her correspondence is a portrait of extraordinary courage, ability, and shrewdness.

In the sixteenth century, the word *letrado* (lettered) referred to the learned men of the Church. Teresa treated *letrados* with great respect and always insisted on her own lack of learning. The irony is that although women could not be *letradas*, Teresa was, as her correspondence shows, "lettered" in more ways than one.

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