



# **Chicken Soup for the Soul: Recovering from Traumatic Brain Injuries: 101 Stories of Hope, Healing, and Hard Work**

*Amy Newmark, Dr. Carolyn Roy-Bornstein*

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Whether you are recovering from a traumatic brain injury or supporting someone with a TBI, this collection of 101 inspiring and encouraging stories by others like you will uplift and encourage you on your healing journey.

With a traumatic brain injury (TBI) occurring every 18.5 seconds in this country - concussions the most common - chances are you have been touched in some way by this experience. TBIs occur due to accidents and sports, and are also common in returning soldiers. The personal stories in this book, by TBI survivors and those who love and support them, will help and encourage you and your family on your road to recovery.

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on there. So , not at all of book are generally make you bored, any it makes you feel happy, fun and loosen up. Try to choose the best book for you personally and try to like reading this.

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