



How to Eat: The Pleasures and Principles of Good Food

Nigella Lawson

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How to Eat: The Pleasures and Principles of Good Food Nigella Lawson

"[Nigella] brings you into her life and tells you how she thinks about food, how meals come together in her head . . . and how she cooks for family and friends. . . . A breakthrough . . . with hundreds of appealing and accessible recipes."

–Amanda Hesser, The New York Times

"Nigella Lawson serves up irony and sensuality with her comforting recipes . . . the Queen of Come-On Cooking."

–Los Angeles Times

"A chatty, sometimes cheeky, celebration of home-cooked meals."

–USA Today

"Nigella Lawson is, whisks down, Britain's funniest and sexiest food writer, a raconteur who is delicious whether detailing every step on the way towards a heavenly roast chicken and root vegetable couscous or explaining why 'cooking is not just about joining the dots'."

–Richard Story, Vogue magazine

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