



# The Blooming of the Lotus

*Robin Lynn Brooks*

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## **The Blooming of the Lotus** Robin Lynn Brooks

Survivors often feel alone in their experiences, with emotions that linger long after the trauma is over. As a survivor of incest, Robin Lynn Brooks understands the feelings. In her ground-breaking poetic memoir, *The Blooming of the Lotus*, she takes you on her deeply personal journey of healing. Traveling into the abyss of her past, exploring the depths of her experiences with brutal incest, violence, and torture, she journeys on her awe-inspiring quest to uncover her authentic self. The book will strike a cord with survivors, lending hope that even the deepest, darkest pit of despair can be opened to the light. "I have heard many accounts of trauma over the years, yet it is rare to come upon one captured so perfectly and expressed with such candor, beauty, and grace. . . Robin's inexhaustible courage, perseverance, and insight through the maze of self-discovery and healing are reflected on every page. She poignantly reveals her deepest vulnerability in an effort to share her story and healing process with other survivors. With great success she conveys that the journey from the darkest imprisonment to the light of freedom is indeed possible. This memoir is Robin's gift to us all." ~AnDréya Wilde, Ph.D.

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