



30 Day Green Smoothie Recipes: Lose Weight and Add 10 Years to Your Life in Under 30 Days (Green Smoothie Detox, 7 Day Green Smoothie Cleanse, Green Smoothie Diet, Green Smoothie Weight Loss)

Jerry Newsome

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FINALLY! A 30 Day Diet That Will Help Detox And Revitalize Your System. Expect More Energy And A Slimmer Body.

The recipes in this book have been carefully designed to start the detoxing process and are fortified with anti-oxidants that are known to slow down the aging process.

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