



Essential Assessment Skills for Couple and Family Therapists (The Guilford Family Therapy Series)

Lee Williams, Todd M. Edwards, JoEllen Patterson, Larry Chamow

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Showing how to weave assessment into all phases of therapy, this indispensable text and practitioner guide is reader friendly, straightforward, and practical. Specific strategies are provided for evaluating a wide range of clinical issues and concerns in adults, children and adolescents, families, and couples. The authors demonstrate ways to use interviewing and other techniques to understand both individual and relationship functioning, develop sound treatment plans, and monitor progress. Handy mnemonics help beginning family therapists remember what to include in assessments, and numerous case examples illustrate what the assessment principles look like in action with diverse clients.

See also the authors' *Essential Skills in Family Therapy, Second Edition: From the First Interview to Termination*, which addresses all aspects of real-world clinical practice, and *Clinician's Guide to Research Methods in Family Therapy*.

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