



## Not Just Veggies

*Dana Pross*

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## **Not Just Veggies** Dana Pross

Do you ever complain about something, but never do anything about it? Well, this book is me “doing something about it.” As a fully committed vegetarian for over 24 years, I’ve gotten so frustrated at receiving a plate of steamed vegetables when requesting vegetarian meals, I decided to create this book. It will quickly teach people how to make a vegetarian salivate with minimal fuss and also demonstrate how easy it is to adopt a vegetarian lifestyle. Has your child come home from school one day and said “I want to be a vegetarian”? Are you having a vegetarian over for a meal and don’t know what to cook for them? Are you a caterer, chef, restaurateur or event planner and need to make a quick vegetarian meal using many of the ingredients you already have? If your answer is yes to any of these questions, then this book will be a great resource for you. Many of these recipes will become favorites that everyone will enjoy for years to come.

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