



Herbal Remedies: Discover the Top 15 Medicinal Plants and Their Benefits for Your Health and Beauty (Organic antibiotics and antivirals, herbal remedies, ... medicine, ancient herbal medicine Book 19)

Carmen Mckenzie

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Discover the Top 15 Medicinal Plants and Their Benefits for Your Health and Beauty

***** BONUS! : FREE Natural Herbal Therapeutic Remedies Report Included !! *****

*** * * LIMITED TIME OFFER! * * ***

The world is full of people that just take medicine at every minute sign of sickness. Doctors prescribe antibiotics after a 5 minute check-up because your symptoms could possibly need antibiotics for treatment. Aspirin has become a regular part of most people's diets. One in the morning, one at night. If you are feeling a little lively that day, one at lunch.

It's humorous and interesting to apply the age-old philosophical questioning that children use, "If there was no aspirin left on Earth, what would you do?"

Most people would probably nonchalantly shrug this off and pretend their lives would continue at normal. But, would they? With such a high exposure and reliance on medicine, could people go without it?

Now, I am not suggesting to you to not take medicines anymore, nor am I going to offer you a replacement. What I want to do is open your eyes to an alternative. This book is about providing people an appreciation for natural and herbal remedies.

Why Should You Purchase And Read This Book?

- = > **1. Its Short And Informative No Fluff!!**
- = > **2. This Book Is Straight Forward And Gets To The Point**
- = > **3. It Has A Great Concept**
- = > **4. Learn What You Need To Know FAST!**
- = > **5. Don't Waste Hours Reading Something That Won't Benefit You**
- = > **6. Specifically Written To Help And Benefit The Reader!**

= > **7. The Best Compact Guide To Learn What You Need To Learn In A Short Period of Time**

Check Out What You Will Learn After Reading This Book Below!!

Grant it, natural remedies have not received the same amount of scientific testing lately that modern medicine has. But, on the positive side, it hasn't had to face the rigorous testing stages most people abhor, such as animal testing, beta testing on people, etc. One thing people don't realize though is that for most new medicines, we are the first round test subjects. They don't know what the long term effects will be. Instead, natural and herbal remedies have been tested over thousands of years. Most early cultures were able to treat their illnesses by natural means.

These natural means were then applied and used for many, many generations. There is then more practical data for these medicines than modern medicines. The symptoms it treats are better understood. The side-effects are better known. **Natural remedies can't cure everything, and that is why it**

- **Chapter 1: Before There Was Aspirin**
- Big Pharma and Big Beauty
- **What We'll Discuss**
- Chapter 2: Sleep Remedies
- **Valerian Root**
- Chamomile
- **Conclusion**
- Chapter 3: Herbal Remedies for Sicknesses
- **Echinacea**
- Thyme
- **Licorice Root**
- Garlic
- **Ginger**
- Conclusion
- **Chapter 4: Arthritis and Pain Relief**
- Willow Bark
- **Ginger**
- Conclusion
- **Chapter 5: Skin and Hair Care**
- Dried Basil
- **Tea Tree**
- Spruce
- **Violet**
- Hot Peppers
- **Chamomile**
- Conclusion
- **Chapter 6: Coming to an End**

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