



# **Birth Work as Care Work: Stories from Activist Birth Communities**

*Alana Apfel*

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*Birth Work as Care Work* presents a vibrant collection of stories and insights from the front lines of birth activist communities. The personal has once more becomes political, and birth workers, supporters, and doulas now find themselves at the fore of collective struggles for freedom and dignity. Articulating a politics of care work in and through the reproductive process, the book brings diverse voices into conversation to explore multiple possibilities and avenues for change. At a moment when agency over our childbirth experiences is increasingly centralized in the hands of professional elites, *Birth Work as Care Work* presents creative new ways to reimagine the trajectory of our reproductive processes. Most importantly, the contributors present new ways of thinking about the entire life cycle, providing a unique and creative entry point into the essence of all human struggle—the struggle over the reproduction of life itself.

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